# LEVEL 1 - NATIONAL RACE MECHANIC COURSE





Race Mechanic

> Date: 15-17 April 2016 Venue: TBA Instructor: Alan Sekowski



## About the Instructor

• Alan Sekowski is a former Director of Operations and Equipment Manager at the US Olympic Training Centre (Colorado) and with USA Cycling

- Head Mechanic and Service Course Director of Mechanic Clinics and Certification for USA Cycling
- Has vast experience in Road, Track and Mountain Bike Mechanic Repairs throughout his career



# COURSE OBJECTIVES

- To develop and produce competent Race Mechanics to assist National Teams in/out of competition
- Course is geared towards practicing Mechanics
- Stepping stone into developing Level 2 Race Mechanics
- Level 1 National Race Mechanic Course will be mandatory pre-qualification to be considered for National Duty

### REQUIREMENTS



- Applicants are required to have a good working knowledge of bicycle repairs and maintenance
- Applicants are required to be available to travel with National Teams
- Applicants will be required to agree to a dedication requirement on the registration form (for T&T nationals only)



## COURSE SCHEDULE

- Dates: Friday 15<sup>th</sup> Sunday 17<sup>th</sup> April, 2015
- Class Times: 9:00pm 4:00pm (each day)
- Venue: To Be Advised
- Meals and refreshments will be provided each day
- Course will include both classroom and practical work



### REGISTRATION

#### • LIMITED SPACES AVAILABLE! SO REGISTER EARLY

 Online Registration Forms accessible via the link below are to be completed by Sunday 20<sup>th</sup> March, 2016

## **Online Registration Form**

- Forms are to be returned to the Racing Secretary at <u>gacosta@ttcyclingfederation.org</u>
- All successful applicants will be contacted via email by Sunday 27<sup>th</sup> March, 2016



THIS COURSE IS HOSTED BY THE TRINIDAD & TOBAGO CYCLING FEDERATION AND HAS BEEN FUNDED IN PART BY THE SPORTS COMPANY OF TRINIDAD & TOBAGO (SPORTT)